

Need encouragement and guidance to maintain an exercise program?



PRIVATE EXERCISE SESSIONS
CALL NOW or STOP BY THE OFFICE

Whether you are:
recovering from an injury,
looking to improve your general health,
or trying to maximize your fitness level.

Have our expert physical therapists help
you reach your goals quickly and safely

PROGRAM INCLUDES:

- Sessions with a Licensed PT
- Customized exercise program tailored to meet your specific goals
- 30 minute private one-on-one sessions
- Friendly encouraging environment
- Low cost with savings for purchasing multiple sessions in advance
- Convenient “private pay” payment option

Fee schedule

Sessions Purchased	Cost Per Session
1-10	\$60.00
10+	\$50.00

All purchases are non-refundable and if you had purchased your sessions in bulk (10+), you are required to utilize them within the next six (6) months.

Move forward with North Shore Physical Therapy- the motion experts
Marblehead Office: Call 781-631-8250
Peabody Office: Call 978-896-6080